

THE FIVE ALLS AT FILKINS

A COTSWOLD INN

Breakfast menu

Full English Breakfast

Eggs, bacon, sausage, mushrooms, vine tomato, black pudding, fried bread & toast

Vegetarian Breakfast

Eggs, vegetarian sausage, hash brown, spinach, vine tomato, mushrooms, fried bread & toast

Continental Breakfast

Croissants, breads, ham & cheeses, preserves, orange juice

Eggs Benedict, Royale, Florentine

Toasted muffin with either ham, smoked salmon or spinach & hollandaise

Boiled egg & toasted soldiers

Chestnuts & baked field mushrooms, fried egg & toast

Oats, raisins, apricot, pecans, & honey

Kedgeriee

Smoked haddock, rice, egg & spices

Cornflakes

Teas & Coffees

English breakfast, earl grey/lady grey, fresh mint, blended herbal teas,
Single or double espresso, cappuccino, café latte, hot chocolate, macchiato, mocha
Detox, raspberry leaf, nettle, & corn cleavers.

Juices & smoothies (£5 Supp)

Energy Booster

Apples, pear, cranberries, grapes & lime
(Great for maintaining energy levels & cleansing the skin)

Immune Juice

Strawberries, raspberries, natural yoghurt & oranges
(Great for digestive problems & ridding the body of toxins)

Stress Buster

Orange, lime, passion fruit, mango, pineapple & bananas
(Great for coughs & colds, moodiness & skin cleansing)

Tropical Revitaliser

Apple, mango, pineapple, blueberries & strawberries
(Great for boosting your immune system & natural resistance to toxins & pollutants)

Head Chef: Rob Wallace